



AUSTRALIAN
FOUNDATION FOR
**HEALING
TOUCH**



2026 Conference

‘Building Connections to Empower Change... in ourselves and in our community’

Date: Saturday, 24th October 2026

Time: 10.30am – 4pm (AEDT)

Cost: **Members:** AUS\$55 (AFHTI, HTNZ and HBB members)

Non-members: AUS\$65

Booking: <https://healingtouch.org.au/product/afht-annual-virtual-conference/>

Program

10.30am (AEDT)	Acknowledgement of Country Opening – President <i>Susie Nash</i>	1.45 pm	Let’s get Moving <i>Michele Russo</i>
11 am	Meditation <i>Anthea Lewis</i>	2.00 pm	‘The Give and Take of Healing’ <i>Anthony Hilkemeijer</i>
11.05 am	Theme Song <i>Susan Ashton</i>	3.00 pm	Short Break
11.15 am	‘Walking Through Nature: Empowering Change’ <i>Suzanne Green</i>	3.10 pm	HT Technique <i>Genevieve Lyons</i>
12 noon	AGM		
12.45 pm	Lunch	3.30 pm	Reflection and Discussion <i>Susan Ashton</i>
1.15pm	HT Technique <i>Veronika Oliver</i>	4pm	Closing Blessing <i>Susie Nash</i>

Keynote Speakers



Dr Anthony Hilkemeijer practices osteopathy in Port Macquarie. Anthony has an interest in neurological and spinal concerns of the body and has undertaken numerous neurological courses and lectures around the world.

He pioneered the Dural Tissue Therapy (DTT) treatment with plans to further research into this field. He enjoys global connections with other colleagues, neurologists, general practitioners, physiotherapists around the world.

Anthony's Journey into health care began right here in beautiful Wauchope as a teenager studying colour therapy and then progressing into a Diploma of Massage at TAFE in Port Macquarie.



Suzanne Green is the founder of Soul Mind Body Recovery, a counsellor, practitioner, educator and author whose work has grown from lived experience, professional learning and a deep connection with nature.

Through her work with people across different stages of life, Suzanne uses simple nature-based metaphors to explore identity, emotional resilience, growth and purpose in ways that feel relatable and easy to understand.

Her work reflects a belief that meaningful change often begins with greater awareness of ourselves, and from there can gently extend into how we connect with others and the wider community.

