



AUSTRALIAN
FOUNDATION FOR
**HEALING
TOUCH**



UNIT 1

Foundations of Healing Touch

Certificate Course

**Inspiring
Wellness**
through
**Energy
Therapy**

Learn hands-on techniques to enhance wellbeing, reduce stress, and restore balance for yourself and others.

Learn practical skills for personal and professional development, opening the door to a future Healing Touch practice.



healingtouch.org.au



/HealingTouchinAustralia



/afhtaaustralia

**ENROL
NOW!**

Learn about the scientific basis and evidenced-based practice that underlies this energy therapy, and apply the theories and principles of holistic health from an energetic foundation and perspective.



Healing Touch is a relaxing, nurturing energy-based therapy that uses gentle touch to assist in balancing physical, mental, emotional, and spiritual well-being. It is used in a variety of settings including hospitals, aged care, private practice and at home. Enrol now at healingtouch.org.au/education.

Unit 1 – Foundations of Healing Touch®

This introductory course explores the concepts and core values that underpin Healing Touch therapy and practice, and techniques for assessing the energy field and energy centres. The workshop is also a time of healing and nurturing for all who attend.

Course Duration

Two (2) full days, usually over one weekend.

Study Mode and Materials

Face-to-face learning. A workbook will be supplied; bring a pillow and light blanket.

Dates and Locations

Courses held across Australia. See website for details.

Course Fees*

Follow education tab on website for current fees, registration and full terms & conditions.

Concessions available. Unit 1 fees include 1-year AFHTI membership.

Payment

Payment to be made online with registration or as arranged with the Course Coordinator.

Entry Pre-requisites

No prior learning is required. English language proficiency is essential, along with a desire to develop a sensitivity for this mode of healing.

Instructors

AFHTI courses are led by Certified Healing Touch Instructors, who bring their own clinical experience to provide treatment context.

Practical Instruction

Instruction is both theoretical and practical, allowing students to learn and practice assessment and treatment procedures on each other (under supervision).

Course Objectives

The learner will be able to:

- Explore qualities and self-care needs of a Healing Touch Practitioner
- Discuss the facets of Healing Touch that support wellness for mind body and spirit.
- Demonstrate the ability to remain grounded, present and heart-centred
- Apply the Healing Touch framework
- Evaluate the energy centres and energy field
- Describe the use of specific Healing Touch techniques
- Understand the Code of Ethics, Standards of Practice and Scope of Practice required.

AFHTI Membership

Unit 1 graduates are given one year complimentary AFHTI membership.

Become a Practitioner

Successful completion of Units 5 plus current AFHTI membership is required to become a Certified Healing Touch Practitioner (CHTP).

Recognition of Learning

Australian Traditional Medicine Society (ATMS) and Australian Health Practitioner Regulation Agency (AHPRA) recognise AFHTI courses with Continued Professional Development points.

Further AFHTI learning;

Unit 2 – Energetic Patterning and Clinical Applications®

Unit 2 continues development of Healing Touch techniques and learning.



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