



AUSTRALIAN  
FOUNDATION FOR  
**HEALING  
TOUCH**



## Key-note speakers:

**Master Jan Leese, Deb Carter,  
Susan Ashton and Deb Flynn**

**Date:** Saturday, 8<sup>th</sup> November, 2025

**Cost:** **Members:** AUS\$55 (AFHTI, HTNZ and HBB members)





**Non-members:** AUS\$65

**Booking:** <https://healingtouch.org.au/product/afhti-annual-virtual-conference-8-november-2025/>

## Program

10.30am (AEDT)	Acknowledgement of Country Opening – President <i>Susie Nash</i>	2.15 pm	Movement Activity <i>Jill Taylor</i>
11 am	Opening Blessing/Meditation <i>Julene McDonald</i>	2.35 pm	Promoting HT around Australia <i>Lisa de Buck and Annie O'Loughlin</i>
11.10 am	Theme Song <i>Susan Ashton</i>	3.00 pm	<b>Ignite the Alchemist Within</b> <i>Deb Carter</i>
11.15 am	<b>The World of Energy</b> <i>Susan Ashton and Deb Flynn</i>	3.45 pm	HT technique: Scudder <i>Gen Lyons</i>
12.15 md	<b>Short Break</b>	4.00 pm	Mary Alford Award <i>Madonna Brodie</i>
12.25 pm	HT Technique: Chakra Spread <i>Gen Lyons</i>		Theme song Closing Blessing <i>Susie Nash</i>
12.45 pm	<b>Use Wood Snake's Transitional Power and Set Yourself up for 2026.</b> <i>Master Jan Leese</i>		<b>SHORT BREAK</b>
1.30 pm	<b>Lunch</b>	4.30 pm	<b>AGM</b>










## Speakers:

	<p><b>Jan Leese</b></p> <p>Learn how to use the Wood Snake's transitional power in 2025 to set yourself up for a dynamic 2026.</p> <p>Jan Leese is an accredited and experienced Classical Feng Shui Master, who loves helping her clients find solutions to their problems and realise their goals through the unseen and seen Classical Feng Shui energies in their home or business.</p> <p>Jan's other speciality and passion is for Chinese Astrology, which offers something more personal. These detailed astrology readings help us understand who we truly are, our strengths and weaknesses and our flow.</p> <p>Jan calls Townsville, Queensland, home, where she presents a workshop each year. Workshop participants learn about the energies on offer for the following Chinese New Year, and strategically use it to set themselves up for success!</p>
	<p><b>Deb Carter</b></p> <p>Step on a journey with Deb to find the power of love, kindness, acceptance and self-forgiveness... through quietening the mind and becoming your own neutral observer. Let Deb guide you through techniques to assist you to alchemise your body as you journey within.</p> <p>We show beauty and kindness as we immediately reach out to others in order to soothe pain and heal heart break and loss, but can we also do this for ourselves? Can we arrest the old complex patterns of the mind that keep us captive in impunity, resentment, fear, anger and jealousy?</p> <p>Deb has long journeyed with 'dreamalities' that inform and teach alongside her Healing Touch practice of nearly 30 years and Instructor career of 20 years.</p>
	<p><b>Susan Ashton</b></p> <p>Adding complimentary therapies to a background of community nursing, Susan brings many years of experience into healing work. As a senior Healing Touch Instructor, she has experience working with groups, teaching professional health care workers, and people interested in a holistic approach to health, using energy-based practices and meditation for personal and planetary healing. Today she shares her perspective on the world of energy within and around us.</p>
	<p><b>Deb Flynn</b></p> <p>Deborah Flynn has been teaching Tai Chi/Qigong in Port Macquarie for approximately 10 years. She has studied extensively under Qigong Master Simon Blow. Today she will share some Qigong known as the "Wudang Longevity form" to move Qi (life force energy) through the body and thus release blockages and stagnation, cleanse the body of toxins, restore energy, reduce stress and anxiety, and help to maintain a healthy and active life.</p>



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## Council members

	<p><b>Susie Nash</b> Chair</p> <p>Support Group Coordinator</p>		<p><b>Lisa de Buck</b> Promotions</p> <p>Queensland Representative</p>
	<p><b>Susan Ashton</b> Vice Chair</p> <p>Instructor Representative</p>		<p><b>Julene McDonald</b> Treasurer</p> <p>NSW Representative</p>
	<p><b>Glenda Audsley</b> Program Coordinator</p> <p>Victorian Representative</p>		<p><b>Anthea Lewis</b> Promotions</p> <p>Queensland Representative</p>
	<p><b>Jill Taylor</b> Secretary/Website</p> <p>NSW Representative</p>		<p><b>Anne O'Loughlin</b> Assistant Secretary</p> <p>Practitioner Representative</p>
	<p><b>Gen Lyons</b> Online Support</p> <p>Western Australian Representative</p>	