



AUSTRALIAN  
FOUNDATION FOR  
**HEALING  
TOUCH**

Healing Touch Certificate Program

**BECOME A HEALING TOUCH PRACTITIONER**



## Unit 2 – Energetic Patterning & Clinical Applications<sup>©</sup>

- increase your understanding of Healing Touch techniques and healing sequences



[www.healingtouch.org.au](http://www.healingtouch.org.au)

Learn about the scientific basis and evidenced-based practice that underlies this energy therapy, and apply the theories and principles of holistic health from an energetic foundation and perspective.



Healing Touch is a relaxing, nurturing energy-based therapy that uses gentle touch to assist in balancing physical, mental, emotional, and spiritual well-being. It is used in a variety of settings including hospitals, aged care, private practice and at home.

## Unit 2 – Energetic Patterning and Clinical Applications<sup>®</sup>

This course continues on from the Unit 1 Foundations of Healing Touch course to increase the learner's understanding of Healing Touch. It includes instruction in designing and implementing an intake interview plus techniques and healing sequences for specific client needs. Enrol now – go to [healingtouch.org.au/education](http://healingtouch.org.au/education).

### Course Duration

Two (2) full days, usually over one weekend.

### Study Mode and Materials

Face-to-face learning. A workbook will be supplied; bring a pillow & light blanket.

### Dates and Locations

Courses held across Australia. See website for details.

### Course Fees

See website for course fees plus terms & conditions. Concession rates available for AFHTI members and full time students or Commonwealth Health Care Card holders.

### Payment

Payment to be made online with registration or as arranged with the Course Coordinator.

### Entry Pre-requisites

Attendance at Unit 1 plus completion of designated practice and assessments.

### Instructors

AFHTI courses are led by Certified Healing Touch Instructors, who bring their own clinical experience to provide treatment context.

### Practical Instruction

Instruction is both theoretical and practical, allowing students to learn treatment procedures on each other (under supervision).

### Course Objectives

The learner will be able to:

- Remain grounded, present, and heart-centred while working in the energy field
- Conduct an intake interview
- Consider the impact experiences have on health
- Assess the status of the chakras and biofield
- Document Healing Touch processes
- Apply techniques to support back health
- Describe how the Code of Ethics, Standards of Practice and Scope of Practice relate to their development as a Healing Touch Practitioner.

### AFHTI Membership

Unit 2 graduates may apply for AFHTI membership.

### Become a Practitioner

Successful completion of Units 1-5 plus current AFHTI membership is required to become a Certified Healing Touch Practitioner (CHTP).

### Recognition of Learning

Australian Traditional Medicine Society (ATMS) and Australian Health Practitioner Regulation Agency (AHPRA) recognise AFHTI courses with Continued Professional Development points.

### Further AFHTI learning; Unit 3 – Advanced Healer Preparation<sup>®</sup>

Unit 3 is for those who desire more in-depth skills and techniques.



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Inspiring wellness through  
Energy Therapy