



## Australian Foundation Healing Touch Incorporated (AFHTInc.) Participant Etiquette for Healing Touch Classes

The purpose of this information is to clarify for participants the behaviour expected within the class. Etiquette is a code of conduct, a method for dealing with how people interact with each other, based on respect and accepted norms of behaviour. The class should be a learning-centred environment in which instructors and students are unhindered by disruptive behaviour. Participants are expected to act in a mature manner and to be respectful of the learning process, the instructor, and fellow students. Instructors have the authority to manage their class to ensure an environment conducive to learning. Please ask the Instructor about issues that come up during the session. If you're not sure what's acceptable in the class, simply ask the Instructor what their preference is.

The following points should be considered:

- **Confidentiality**

Information that is shared during the class should be considered as confidential. Students may provide examples or experiences relevant to the HT work, but this information must remain confidential. Similarly, names or images of individuals must not be used without the written permission of the person or prior agreement by the group. Pseudonyms may be useful.

- **Session attendance (Contact the Instructor if you miss a session)**

It is important to attend each session to build an understanding of the energy system and energy techniques. 'Doing the work' with colleagues enhances experiential learning.

Entering the classroom late can distract other students in the learning environment and significant information will be missed. Regularly arriving late to class signals a level of disrespect -- whether you mean to send that signal or not. On those instances when you do arrive late, remember to enter the room quietly.

- **Respect and support other participants.**

Take responsibility for your education. Instructors create a learning environment. Whether you learn depends on your willingness to listen, ask appropriate questions and do the work necessary to be successful in the course.

Others may have ideas and opinions that differ from yours, or they may struggle to understand information as quickly as their peers. But they deserve the same level of respect from you as you wish to receive from them.

- **Complete preparation for the class (particularly Unit 2-5).**

It is important to complete the review requirements to ensure you are prepared for and can extend the healing techniques and treatments.

- **Contribute to the class discussion when appropriate.**

It is good to ask questions and make comments, but if you dominate the class time with too many questions and/or comments, the instructor and other students cannot participate in class discussions. When asking questions and making comments, keep them related to the discussion at hand. You may want to discuss concerns with the instructor privately.

Avoid side conversations, noise can be distracting to other students.

- **Use of technology (eg. laptops/tablets).**

Avoid the use of technology as it alters the energy. The Workbook information will provide all the information that is needed. The use of recording devices is not permitted during the class. Should you have particular learning concerns please discuss these with the Instructor prior to the course. Turn mobile phones off/silent (Let the Instructor know if it needs to be on for an emergency situation). It is very distracting to hear someone's mobile phone go off in class.

- **Plagiarism and Academic Integrity**

Students are expected to be honest and ethical at all times in their pursuit of the learning goals. Plagiarism involves the practice of taking someone else's work or ideas and passing them off as one's own. Academic integrity means acting with the values of honesty, trust, fairness, respect and responsibility in learning. It is important for students to act in an honest way, be responsible for their actions, and show fairness in every part of their work. It involves expressing original ideas and citing/acknowledging sources.