



AFHTI Education Program - Course Content

Australian Foundation for Healing Touch Inc (AFHTI) offers all five units of the Healing Beyond Borders Certificate educational program. Courses are held in venues around Australia.

UNIT 1: FOUNDATIONS OF HEALING TOUCH

Begins with 15-20 continuing education contact hours of instruction; this allows for people with varying backgrounds to enter, acknowledge their previous learning and further develop concepts and skills in energy-based therapy. A strong commitment to personal growth is required.

During this level of instruction each participant will:

- describe the human energy system's relationship to physical, emotional, mental & spiritual health
- discuss the energy principles basic to Healing Touch
- assess the energy field and energy centres
- demonstrate specific intervention techniques used in Healing Touch
- discuss the applications of Healing Touch in personal and professional practice

UNIT 2: ENERGETIC PATTERNING AND CLINICAL APPLICATIONS

This course is designed for students who have completed the Foundations of Healing Touch course (Unit 1) and wish to increase their breadth and depth of study in Healing Touch. The course incorporates 15-20 continuing education contact hours.

Study includes instruction in designing and implementing an intake interview, back techniques and a one-hour healing sequence. Emphasis in the experiential learning phase is on developing healing sequences for specific client needs.

During this level of instruction each participant will:

- share the experience of practicing Foundation of Healing Touch techniques
- demonstrate a one-hour healing sequence for specific client problems
- develop interviewing and additional assessment skills
- document clinical work
- practice back and neck techniques
- describe specific techniques in addressing client health challenges

UNIT 3: ADVANCED HEALER PREPARATION

This course is for students who desire more in-depth skills in Healing Touch and have successfully completed the two previous unit courses.

It includes the development of Higher Sense Perception (HSP), the sequencing of healing techniques, working with guidance, self-healing and self-development and incorporates 15-20 continuing education contact hours.

During this level of instruction each participant will:

- discuss the advanced development of the healer
- experience healing from three roles; Practitioner, Observer-coach and Client
- practice Hara Alignment and expansion of the core star
- demonstrate a full healing sequence using Chelation, Spinal Clearing and healing the 5th, 6th and 7th levels of the subtle body
- practice the healing techniques of Etheric Template Repatterning and Lymphatic Clearing



PROFESSIONAL PRACTICE AND DEVELOPMENT

Further levels of study are available for students who have successfully completed the first three units, and desire to become a Healing Touch Practitioner. The two further courses provide the student with opportunities to learn how to develop and conduct a practice in Healing Touch. Each course provides 30 continuing education contact hours with a total of 60 hours of instruction and participation.

Course content is designed to provide guidance in the development of practice and skill through the mentor-apprentice approach. Students will participate in community projects and work activities.

Each section is offered in a retreat setting to allow for greater focus on the intensive learning and practice that occurs and is required by all participants.

UNIT 4: CASE MANAGEMENT AND PROFESSIONAL PRACTICE

This course prepares students to become a Healing Touch Practitioner and establish a practice setting. Practice practicalities are explored and establishment concerns addressed including the successful organisation of a private practise, incorporating Healing Touch into a current practise setting and working alone or with others.

The topics addressed include business concepts, client practitioner relationships, networking with other practitioners, identifying energy patterns in clients and scope of practice.

Professional development as a healer is explored including how to address and practise professional ethics, standards of practice and your role as a healer.

During this level of instruction each participant will:

- describe the development of a Healing Touch Practitioner
- demonstrate a 5-step sequence to include intake, three healing sessions and discharge planning
- identify issues relating to the development of a Healing Touch practice
- discuss the case study process based on the sequence demonstrated during the workshop
- discuss the principles of apprenticeship-mentorship and professional practice
- discuss the purpose of a professional profile notebook

UNIT 5: SELF-EVALUATION AND PROFESSIONAL DEVELOPMENT

This course focuses on the completion of projects begun in the previous one. The focus includes the mentorship experience, community and networking activities, the establishment of practice, the development of expertise in a Healing Touch practice and your self-development as a healer.

During this level of instruction each participant will:

- describe the professional development of a healing practice
- present a professional profile notebook and resume
- discuss practice issues in your role as a Healing Touch practitioner
- present a comprehensive Healing Touch case study for peer review and critique
- present documentation of client sessions
- review the apprenticeship-mentorship process
- report receiving other healing modalities through 10 documented experiences from other practitioners
- discuss Healing Touch research and the implications for practice
- describe Certification as a Healing Touch Practitioner

For more information on any AFHTI courses, please contact us at info@healingtouch.org.au