


# Healing Touch



Energy therapy  
for Body, Mind,  
Spirit.

**[healingtouch.org.au](http://healingtouch.org.au)**

## What is Healing Touch?

“Healing Touch is a relaxing, nurturing energy therapy that uses gentle touch to assist in balancing physical, mental, emotional, and spiritual well-being.”

“Healing Touch works with your energy field to support your natural ability to heal, is safe for all ages and works in harmony with and is complementary to mainstream medical care.”

Australian Foundation  
for Healing Touch



Email: [info@healingtouch.org.au](mailto:info@healingtouch.org.au)

## Benefits:

- Reduces anxiety and stress
- Promotes wellness
- Reduces pain
- Assists with management of grief & depression
- Accelerates wound healing
- Enhances recovery from surgery
- Supports cancer/palliative care
- Deepens spiritual connections

### Visit our website for:

- Practitioner List
- Training Courses & Locations
- Membership form
- Research Links

**healingtouch.org.au**

Certified by Healing Beyond Borders:  
Educating & Certifying the Healing Touch

[healingbeyondborders.org/](http://healingbeyondborders.org/)

Local Contact: